

Club Safety Policy: Oxford University Volleyball Club

Introduction

- 1) Oxford University Volleyball Club (henceforth known as 'the club') is totally committed to the safety of its members. For the current academic year, and all future academic years, the clubs' activities operate in accordance with this document, the clubs risk assessment(s), the [University Regulations for the Activities and Conduct of Student Members](#) and the guidelines of any National Governing Body that the club is affiliated to.
- 2) This policy relates to the physical safety of club activities and club members within those club activities. Any issues relating to the behavior of specific club members should be addressed through the club's code of conduct.
- 3) The club affiliates to the National Governing Body (NGB) for any / all sporting activity in which the club operates activity, as per the clubs constitution.
 - a) The club acknowledges that it is the club's responsibility to ensure that its current activities adhere to the regulations and guidelines of the NGB(s) that the club affiliates to. Support and guidance are also available via the Sports Safety Officer.
 - b) The club is currently affiliated to Volleyball England and will continue to be affiliated for the full academic year.
- 4) This policy is updated at least once a year, for the beginning of the academic year. An updated version of this document is submitted to the Sports Federation at least once per academic year, through the club handover process, and is subsequently updated immediately, and re-submitted (via safety@sport.ox.ac.uk) should any changes be required. This is a live policy relating to all club activities and is updated frequently.
- 5) The updated version of this document, and all other club documentation, is made available to the club's members via the club's website. This is also updated immediately, when changes are required.

Overview of Activities

Weekly Activities during term time

Day	Time	Location	Sessions Name and/or Description
TBC	TBC	Iffley Sports Centre	W1 training sessions
TBC	TBC	Iffley Sports Centre	M1 training sessions
TBC	TBC	Iffley Sports Centre / Greyfriars School	W2 training sessions
TBC	TBC	Iffley Sports Centre / Greyfriars School	M2 training sessions
TBC	TBC	Iffley Sports Centre	W1 and M1 BUCS league games

Annual Events

Approximate Date (e.g. Week of Term)	Approximate Time	Location	Event Name and/or Description
Hilary	TBC	Oxford	Varsity matches

Annual Trips / Tours

Approximate Dates (e.g. Week of Term)	Location	Trip / Tour Name and/or Description

Risk Assessments

- 6) All club activities are appropriately risk assessed by the club. The club maintains up to date and accurate records of its risk assessments, so they can be immediately referred to should an accident, incident or near-miss occur. The clubs also maintain records of any changes made to those risk assessments (including the dates any changes were made) to be referred to as and when required. Support with conducting risk assessments can be requested through the Sports Safety Officer, who will also review all clubs' risk assessments periodically and provide feedback.
 - a) Risk assessments for regular club activities are included as appendices to this policy, which will be updated when changes are required. Such risk assessments are reviewed at least once every 12 months (e.g. during the handover process or before the start of a new academic year).
 - b) Risk assessments for events are submitted via the event registration process to be approved by the Sports Safety Officer. All details are submitted at least 21 days prior to the event, as per regulation 1.12(2) of the [University Regulations for the Activities and Conduct of Student Members](#), which is reiterated in the club's constitution.
 - c) Risk assessments for trips and tours (UK or abroad) are submitted via the trip and tour registration process to be approved by the Sports Safety Officer. All details are submitted at least one calendar month prior to departure, as per regulation 4.2 of the [University Regulations for the Activities and Conduct of Student Members](#), which is reiterated in the club's constitution.
- 7) For risk assessment purposes, club activities include any activity organised by the club or its committee member for the benefit of the club's members, or any activities using the club's resources or name. Activities or events organised between members of the club are not included, providing the club and/or committee is not involved in organising the activities and the club does not provide its resources or name in the organising of the activities.

First Aid

- 10) All club activities are appropriately covered by qualified first aiders, unless the risk assessment for the activity explicitly states that first aid cover is not required.
 - a) This cover comes in a variety of forms (such as qualified staff at host venues, qualified coaches leading activity, qualified club members within activity, emergency services or externally appointed first aiders) and will be specified in the risk assessment for each activity.

- b) Should the agreed first aid provision not be available, the risks are reassessed using guidance from the National Governing Body and the Sports Safety Officer. If following re-assessment, the activity cannot go ahead safely, then the club will cancel that planned activity.

Accidents, Emergencies and Near Misses

- 11) All accidents, emergencies and near misses that take place during club activities are logged by the club and reported to the University via [the Health & Safety Incident Reporting Form](#), which is required by health and safety law, to ensure that the club is maintaining a duty of care to its members. All reported accidents, incidents and near-misses will be reviewed by the Sports Safety Officer.
- a) An 'accident' is defined as an unfortunate incident that happened unexpectedly and unintentionally resulting in injury to a person or persons and/or damage to property.
 - c) An 'incident' is used to encompass accidents, dangerous occurrences, specified occupational exposure, ill-health. All accidents, emergencies and near misses that take place during club activities are logged by the club and reported to the University via [in the Health & Safety Incident Reporting Form](#), which is required by health and safety law, to ensure that the club is maintaining a duty of care to its members.
 - d) A 'near-miss' relates to incidents that did not result in injury, illness, or damage, but that had the potential to do so. Recognising and reporting these incidents can provide opportunities to learn lessons that prevent future injury or damage. Club members and committees are actively encouraged to report near misses without fear of blame, to ensure safety is improved for any future or repeat issues.

Insurance

- 12) All club activities are appropriately insured to ensure that the members, and the club itself, have an appropriate level of cover should an accident or incident occur.
- a) The club has public liability insurance, which is provided by Volleyball England and a copy of this insurance can be provided to members or third parties when needed.
 - b) The club has personal accident insurance, which is provided by Volleyball England and a copy of this insurance can be provided to members when needed. All registered club members (registered through the Sports Federation membership process) are also covered by the Sports Federation personal accident insurance. This policy should be treated as a backup for club specific cover, but details of this policy will be communicated directly to members once they are registered by the club.
 - c) The club ensures that all coaches and session leaders have appropriate professional liability cover in place and always maintains up to date records of those insurance details.

Coaching

- d) Any sports coaching that takes place within club activities is led by individuals with appropriate qualifications and insurance in place. Coaching is defined as the process of motivating, guiding, and providing technical advice or training to individual(s) or teams, relating to the sport or activity in question.
- e) Coaching can come in a variety of forms. This requirement includes external contracted instructors or coaches (whether permanent or visiting), club members, student leaders and volunteers, who all must have the correct qualifications and insurance in place.

- f) Volunteer instructors or coaches can, in some circumstances, have insurance cover through the sports NGB without having a qualification, but any insurance in place must still be clarified and evidenced and the club will maintain up to date records of those insurance details.
- 14) All individuals that are 'coaching' within club activities are registered with the Sports Federation through the Club Coach Registration Form, as per regulation 1.12(1)(k) of the [University Regulations for the Activities and Conduct of Student Members](#).
- a) The club acknowledges that failure to register coaches through the Club Coach Registration Form, or failure to include any coach's qualifications or insurance, may expose club officers, the club and the University to damages arising out of negligent action by the coach, and as such will ensure all coaches are registered appropriately.

Events

- 15) All events organised by the club are planned, organised and risk assessed in a thorough manner.
- a) 'Club events' are defined as any activities that take place on a specific date(s) or at a specific time(s) that are outside of the club's regular risk assessed activity, which can include sporting and non-sporting activities. Further details can be found via the [Events](#) page of the Sports Federation Hub.
 - b) All club events are submitted via the Event Registration Process, to be approved by the Sports Safety Officer. All details are submitted at least 21 days before the event is due to take place, as per regulation 1.12(2) of the [University Regulations for the Activities and Conduct of Student Members](#).
 - c) The club acknowledges that failure to register any event within the above deadline may mean that said event cannot be approved and therefore cannot take place.
- 16) Club social events and activities are also appropriately planned, organised and risk assessed, but in most cases will not be registered via the Event Registration Process, unless they are associated with or linked directly to a sporting event (e.g. an after-event dinner).
- e) Club social activities are defined as any non-sporting activity organised by the club or its committee members for the benefit of the club's members, or any activities using the club's resources or name. Social activities or events organised between members of the club are not included, providing the club and/or committee are not involved in organising the activities and the club does not provide its resources or name in the organising of the activities.

Trips and Tours

- 17) All trips and tours organised by the club are planned, organised and risk assessed in a thorough manner.
- a) 'Trips and Tours' are defined as any club activity that requires an overnight stay or any activity outside of Oxford for those sports deemed as 'higher risk'. Further details can be found via the [Trips and Tours](#) page on the Sports Federation Hub.
 - b) All club trips and tours are submitted via the Trips and Tours Registration Process to be approved by the Sports Safety Officer. All details are submitted before the club makes any firm commitments, and at least one month before the trip or tour is due to take place, as per regulation 4.2 of the [University Regulations for the Activities and Conduct of Student Members](#).
 - c) All club overseas trips will also follow all of Part 4 of the [University Regulations for the Activities and Conduct of Student Members](#), which includes individual permission requirements for each student (through the Sports Safety Officer and the Proctors) should the trip take place during Full Term or the Thursday and Friday preceding Full Term. The club is aware that permission for students to travel within these timescales is not guaranteed and the

club will make alternative arrangements if permission is not granted (e.g. change of dates) otherwise the trip or tour will be unable to take place.

- d) The club, the individuals and any club property travelling should not be uninsured during any part of a trip, as comprehensive travel insurance is a requirement for all participants travelling on a club's overseas trip.
- e) The club acknowledges that failure to register any trip or tour within the above deadline may mean that said trip or tour cannot be approved or take place, either at all or at least in the name of the University.

Safeguarding Children and Vulnerable Adults

- 18) Club activities that bring (or may bring) members into contact with children under 18, or anyone defined as a vulnerable adult, are separately risk assessed and approved by the Sports Safeguarding Officer.
- a) Any concerns regarding safeguarding are to be addressed to the club committees and the club ensures that every club member knows how to escalate concerns to the committee.
 - b) Any concerns brought to the committee are shared with the Sports Safeguarding Officer (SSO), as early as possible, who may refer to the University Designated Leads for a decision and action if required. Concerns should not be reported to the club's NGB until the University Designated Leads has provided feedback to the Sports Safeguarding Officer.
 - c) Any risk assessments or concerns shared with the Sports Safeguarding Officer should be sent only via safety@sport.ox.ac.uk for confidentiality purposes.

Club Safety Policy: Oxford University Volleyball Club - Appendices

1) General Risk Assessment

Who might be harmed	Hazard	Risk	Control measures in place	Further risk
Indoor trainings				
Participants	Training / game	Sprains, Stains, Breaks, minor injuries	Participants encouraged to disclose any injury or medical condition before activity starts Training and games to be structured in conjunction with Volleyball England guidelines and best practice. Participants encourage to warm up and cool down and wear appropriate clothing, especially footwear. Jewellery not to be worn or it should be covered. First Aid Kit and First Aider available at reception at Iffley Sports Centre.	Low

			All injuries to be reported to Sports Safety officer by the club committee.	
Participants	Unqualified/ uninsured instructors/coaches	Unsafe practice	Club Committee to ensure that the coach/instructor is qualified and insured and where applicable a CRB is completed	Low
Participants	Equipment failure	Minor/Major injuries	Club Committee to ensure necessary equipment checks and servicing has been completed and documented. Participants to be trained how to set up and store equipment, this needs to be documented.	Low
Participants	Slips, trips, falls	Minor injuries	Club Committee to ensure that the facilities are clean and fit for purpose, report to the Sports Managers at Iffley Road reception any faults	Low
Participants	Fire	Burns/fatality	Club Committee to ensure a safety brief at the beginning sessions includes what to do in the event of fire, location of nearest exits, fire assembly points etc.	Low
Participants	Drugs and alcohol	Minor/ major injury	The consumption of alcohol and non-prescribed drugs is prohibited before trainings and games	Low
Indoor volleyball competition games				
All the above precautions apply				
Participants Public	Travel	Major incident / accident, fatality	Club Committee to check the insurance of car drivers. Drivers to comply with current Road Safety Laws and have a full driving licence. Drivers of hired vehicles must have passed the University accredited driving course. Drivers must be 21 or over. Trip resignation forms to be sent to Sports Federation no later than 5PM on the Thursday before the fixture. Sports fed will forward the form to security services. The registration form for trips must be sent a minimum of 1 month prior to the trip departing. Club Committee to	Low

			supply Safety officer with travel insurance details and trip Risk Assessment. In the event of a major accident security services must be contacted 01865 289999.	
Beach volleyball trainings				
Participants	Training/game	Sprains, breaks, other minor injuries	Participants encouraged to disclose any injury or medical condition before activity starts Training and games to be structured in conjunction with Volleyball England guidelines and best practice. Participants encourage to warm up and cool down and wear appropriate clothing, especially footwear. Jewellery not to be worn or it should be covered. First Aid Kit and First Aider available at reception at Iffley Sports Centre. All injuries to be reported to Sports Safety officer by the club committee.	
Participants	Equipment failure	Injury	Club Committee to ensure necessary equipment checks and servicing has been completed and documented. Participants to be trained how to set up and store equipment.	
Participants	Drugs and alcohol	injury	Participants are not allowed to play under influence of alcohol and rugs	
Participants	Hazardous objects in the sand	Injury	Court and surrounding area checked before the training	Low
Participants	Tripping on the court	Injury to body	Anchors to court markings elasticated and buried deep	Low
Participants	Sand blowing into the eyes	Eye injury/infection	Not having trainings in extreme winds, participants allowed to wear protective glasses	Low

2) Concussion Guidance / Policy – As per UK Concussion Guidelines for Non-Elite Sports

Concussion is a traumatic brain injury resulting in a disturbance of brain function. It affects the way a person thinks, feels and remembers things. Loss of consciousness occurs in less than 10% of concussions and is not required to diagnose concussion. The 'red flags' that one should look out for following a head injury are:

- Amnesia for events before or after the injury
- Increasing confusion or irritability
- Mental clouding, drowsiness, difficulty concentrating
- Unusual behaviour changes
- Limb twitching/lying rigid or motionless due to muscle spasm
- Severe or increasing headache
- Repeated vomiting
- Severe neck pain
- Suspicion of skull fracture (eg. Bruise, swelling, severe pain at the site of injury)
- Neurological deficits: difficulties with understanding, speaking or reading; loss of balance; double vision; decreased sensation

Anyone with suspected concussion should be immediately removed from the field of play and assessed by an appropriate Healthcare Professional or access the NHS by calling 111 within 24 hours of the injury. The person should also minimize screen use for 48 hours after the injury, and rest and refrain from exercise for 24 hours. A person with suspected concussion should **NOT**: be left alone in the first 24 hours, consume alcohol while the symptoms persist or drive a motor vehicle within the first 24 hours.